

**APPLICATION  
FOR  
NADA 5-POINT EAR ACUPUNCTURE TRAINING**

Acupuncture is a method of treatment that has been used in China for over three thousand years for a variety of ailments. Auricular acupuncture for the treatment of addiction is a relatively recent development in the history of this ancient art. In 1972 a neurosurgeon in Hong Kong discovered that acupuncture alleviated withdrawal symptoms in opiate dependent patients who were undergoing surgical analgesia for other disorders. Over the next twenty-five years this treatment was extensively studied, expanded and improved and is now used successfully in the treatment of all types of drug addictions as well as other behavioral health issues including trauma. Benefits include: reduced cravings for alcohol and drugs, including nicotine; minimization of withdrawal symptoms; increased calmness, better sleep and less agitation; relief from stress and emotional trauma; discovery of inner quiet and strength; easier connection with counseling; and an intention for recovery.

The purpose of this training is to offer an opportunity for healthcare disciplines authorized within their scope of practice in Colorado to become competent in the provision of NADA 5-point ear acupuncture. This includes registered nurses, physicians, acupuncturists, licensed psychologists, licensed social workers, licensed marriage and family therapists, licensed addiction counselors, licensed professional counselors, certified addiction counselor IIIs, and Registered Psychotherapists. The three-day training (9 am to 5pm) will be held **March 13 – 15, 2020 at the Dorcy Cancer Center Conference Room at St Mary Corwin Hospital, 1008 Minnequa Ave. Pueblo, Colorado.** A total of 70 hours of training, clinical practice, meetings and homework are required in order to attain a certificate of training from the National Acupuncture Detoxification Association (NADA). The cost will be \$400 for the training. This includes \$105 application fee to NADA for the certificate, training manual and one year membership in NADA.

Applications must be submitted to Libby Stuyt, MD no later than **February 28, 2020.** The training will be limited to 20 people so please get your application in as soon as possible. By signing below, you acknowledge your interest and intent to attend this NADA Training. You also acknowledge that you have read the scope of practice requirements from your state board regarding auricular acupuncture. For those planning to practice in another state, be sure you know that state's laws regarding who can practice the NADA 5-point protocol.

Name (print):

License:

Current Title:

Telephone :

Employer:

E-mail :

**REASON FOR INTEREST IN TRAINING:**

Please **attach** a short summary of why you want to participate in the NADA 5- point ear acudetox training and how you plan to use the protocol.

**By signing below, I am committing to the completion of 70 hours of training and clinical practice hours to receive the certificate of training for the NADA 5-point ear acudetox protocol:**

Applicant's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Applications must be submitted to Libby Stuyt, MD no later than **February 28, 2020.** E-mail/Scan Applications to: Libby Stuyt, MD, [libbystuyt@msn.com](mailto:libbystuyt@msn.com) Checks will be accepted on the first day of the training, made out to Inspired Treatment LLC.